

# Doodle & Jot Prayer

## 1) WHO GOD IS: PRAISE (Ps 103:1-2)

Write a name for God in the middle;  
doodle & jot praise around it.

## 2) WHO WE ARE: CONFESS (1 John 1:9)

Draw a shape in the bottom left  
corner as you pray Psalm 139:23-24.  
Jot any sins God brings to mind.  
Confess & ask forgiveness. Write  
1John 1:9 or Psalm 103:12 across  
them.

## 3) PRAY FOR OTHERS (Eph.6:19)

Draw doodles or shapes around the  
name of God. Jot names or initials  
of others as you pray for them.  
Continue doodling as you talk &  
listen to God. If you're not sure  
who to pray for use the five finger  
guide – those closest to you, those  
that teach & guide, those that lead,  
those who are sick, weak or  
lost...then your own needs.

## 4) SHARE YOUR NEEDS (Phil 4:6)

Draw more doodles around God's  
name remembering Who He is as you  
share with Him your own needs  
jotting them down around or in the  
doodles.

## 5) THANKSGIVING (1 Thess.5:8)

Doodle a design around the edges  
while praying and jotting things for  
which you want to thank God and  
also trusting Him to work His will in  
all you've asked.

## 6) BE STILL & KNOW (Psalm 46:10)

As you color in your design, listen to  
what God says to your heart knowing  
He is good and you can trust Him.  
Prayer is communication; talking &  
listening to our Father Who is in  
Heaven!

