1) WHO GOD IS: PRAISE  
(Ps 103:1-2)  
Write a name for God in the middle; 
doodle & jot praise around it.

2) WHO WE ARE: CONFESS  
(1 John 1:9)  
Draw a shape in the bottom left corner as you pray Psalm 139:23-24. 
Jot any sins God brings to mind. 
Confess & ask forgiveness. Write 1 John 1:9 or Psalm 103:12 across them.

3) PRAY FOR OTHERS (Eph.6:19)  
Draw doodles or shapes around the name of God. Jot names or initials of others as you pray for them. 
Continue doodling as you talk & listen to God. If you’re not sure who to pray for use the five finger guide — those closest to you, those that teach & guide, those that lead, those who are sick, weak or lost…then your own needs.

4) SHARE YOUR NEEDS (Phil 4:6)  
Draw more doodles around God’s name remembering Who He is as you share with Him your own needs jotting them down around or in the doodles.

5) THANKSGIVING (1 Thess.5:8)  
Doodle a design around the edges while praying and jotting things for which you want to thank God and also trusting Him to work His will in all you’ve asked.

6) BE STILL & KNOW  
(Psalm 46:10)  
As you color in your design, listen to what God says to your heart knowing He is good and you can trust Him. 
Prayer is communication; talking & listening to our Father Who is in Heaven!

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